

Entertainment in the Small Hall

(Upstairs)

12:30 - 12:50 Michael Phillips

Singer song writer with sounds influenced from around the world
and around the corner

1:00 - 1:20 Mártin the Livewire

Socio-politically and spiritually conscious vegan hip hop MC/
lyricist from Nottingham

1:30 - 1:50 Hello Big World

All girl pop folk band from Stoke on Trent fuelled by love and
laughs

2:00 - 2:50 Andrew O'Neil

Vegan comedian

3:00 - 3:20 Juliet Russell

“ A gorgeous, jazzy vocal” DJ Magazine/ Record Review

3:30 - 3:50 Her Make Believe Band

Luscious blend of pop, Americana and Jazz

4:00 - 4:20 Nick Weaver

Positive pop from The Big Heart

4.30 - 5:05 Hayereyah

Original Reggae folk blues delivering a roots reality message for
every soul to feel

5.10 - 5.45

Ethereal Gardens-chillout music and breathe in space
by DJ Intuis

6:00 - 7:00

Speed Meeting

(sorry—over 18's only)

**London
Vegan Festival
2009 Programme**

Festival Sponsors

The Vegan Society

www.vegansociety.com

Vegan Store

www.veganstore.co.uk

The Redwood Wholefood Co.

www.redwoodfoods.co.uk

Beanies Health Foods

www.beanieshealthfoods.co.uk

Veggies Catering Campaign

www.veggies.org.uk

Viva!

www.viva.org.uk

Time	12 - 12:50	1 - 1:50	2 - 2:50	3 - 3:50	4 - 4:50	5 - 5:50	6 - 6:50
Room A Downstairs in main building	Donach Mckenna The Food of Love – the formula for successful breastfeeding	Vegan Campaigns Workshop covering food fairs, street stalls, vegan pledge,	Jill Swyers Understanding Living And Raw Foods	Chrissy Leyland Informal meet up for vegan parents and under 5's	Helen Winters Art workshop for children Ages 5 - 12	Geneve Edwards Massage Workshop	Graham Neale Why Vegan ? A discussion
Room B Downstairs in main building	Theresa Webb (Kitchen Buddies) Alternatives to dairy products - food demonstration	1 - 1:20 Philip Elston Poet 1.30 - 2 Max The Magician	2.05 - 2.50 Pauline Collins Funny magical stories, and rhymes for under 9's	Dada Jyotirupananda Meditation Workshop	Becca Dye London Vegan Teens first meeting	Debbie Joy Om meditation and Yoga workshop	Gerard Bane Veganism, Anarchism And Pacifism: Living compassionately workshop
Committee Room 1 Upstairs in opposite building	Chris Kennet Why Veggie Power? Veggie Power the alternative to the petrochemical industry	Liz Snook Plane Stupid Introduction to Plane Stupid. Aviation and climate change workshop	Tony Peters Greyhound Action	David Landau Why should vegans and vegetarians be opposed to racism and fascism?	Catherine Why Freeganism? Is he ethical consumer a myth?	Sarah Maihalik A Beginners Guide To Vegan Nutrition	Alex Bourke Eating out in London
Committee Room 2 Upstairs in opposite building	Don Gwillam Is A Vegan Lifestyle "Gods Will" For Human Kind ?	Andrew Butler LUSH campaigns manager Taking action against animal testing in Europe	Andrew Knight Extreme Vegan Sports	Saf Restaurant Raw Food Demonstration With Saf's head chef	Lee Hall The Peaceable Kingdom—a discussion of spirit, Nature and Animal Rights	Paul Gravett What's Your Poison? A beginners guide to vegan alcohol	Sarah&Claire MayhewAnimal Home Why we must help animals and their carers